

Why you should get vaccinated this flu season!



Flu season is around the corner so it's important to get vaccinated so you can protect yourself and others!

Who should get a flu vaccine?

Anybody can get the flu vaccine. It's especially important to do so if you fall into one of the following categories:



Hypertension



Diabetes



HIV



Chronic disease



Your child is older than 6 months, and younger than 5 years.



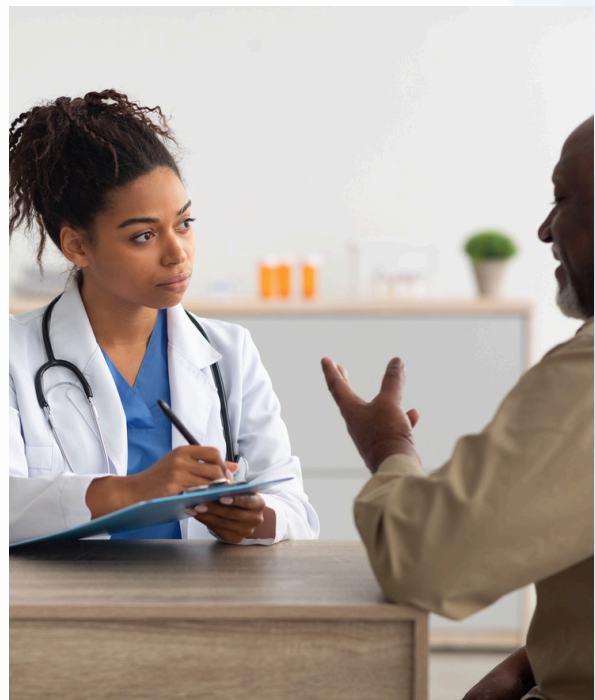
If you are between the ages of 50 and 70 years of age.



If you are pregnant.

Where do I get a flu vaccine?

- PlatComprehensive and PlatCap members can get flu vaccines via their preventative healthcare benefit from either our in-house pharmacies or designated service provider (DSP) pharmacies.
- Members on the PlatFreedom option can use their Pharmacy of Choice to get a flu vaccine via their preventative healthcare benefit.
- Members can visit their relevant provider pharmacies and request that the flu vaccine be dispensed on the Scheme benefit.



You can find our pharmacies or DSP pharmacies by using the DSP search tool on our website www.platinumhealth.co.za