



FLU VACCINES WILL BE AVAILABLE AT PLATINUM HEALTH PHARMACIES BY MID-MARCH 2023

It is recommended that members get vaccinated against flu as a precautionary measure.

Who should receive a flu vaccine in particular?

- HIV, Diabetic and Hypertensive patients.
- Any immunocompromised patients.
- All patients with other chronic diseases who should always be taking their chronic medication!
- The very young - 6 months to two years of age.
- The older generation >50 years and especially the elderly >70 years of age.
- Pregnant members.
- People with a body mass index (BMI) of 40 or higher.

Where to obtain the flu vaccine

- PlatComprehensive and PlatCap members can obtain annual flu vaccines from either Platinum Health (PH) in-house or designated service provider (DSP) pharmacies via the pharmacist advised therapy (PAT) benefit (as long as the annual limit hasn't been reached).
- Members on the PlatFreedom option can utilise their Pharmacy of Choice to obtain the flu vaccine via their PAT benefit, as long as the annual limit hasn't been reached.
- These members need to visit the respective provider pharmacies and request that the flu vaccine be dispensed on the abovementioned scheme option benefit.

Find a Platinum Health or DSP pharmacy by using the DSP search tool on the website (www.platinumhealth.co.za)

