

# Platinum Health's Chief Professional Nurses

## Tell us why they got vaccinated



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HEALTH

### **Sr Amelia Molapo Chief Professional Nurse Modikwa Clinic**

I value life as a precious thing. After having contracted COVID-19 in January this year, I got very ill and ended up in hospital.

During my hospitalisation, I witnessed people passing away because of this fatal pandemic. Through the mercy of God, I survived.

From that moment on, I realised that God has given me a chance to be with my loved ones and pursue my life's dreams. After that experience, I said to myself that nothing will stop me from protecting my own life.

When I got a chance to vaccinate, I did not hesitate because I believe the vaccine will increase my chances of survival should I get infected again.



### **Sr Antoinette van Heerden Chief Professional Nurse Amandelbult Hospital**

I got vaccinated on the 12<sup>th</sup> of March 2021. I silently cried of joy because this vaccine is a symbol of hope to me as it meant that FINALLY, something can be done about the COVID-19 pandemic.

Yes, I did not feel well, but this was actually a good thing as it meant that my immune system was launching a response and it only lasted between 24-48hrs. I took my Panado and soon felt better. These side effects beats hands down the risk to get infected with COVID-19, which is one of the reasons I got vaccinated.

As a healthcare worker, I am in the front and center of this pandemic, thus we as nurses are the rocks in the community, so it is important to get vaccinated to protect ourselves, our family and our neighbours.

Vaccinating, to me, was a no brainer and really the right decision to make to stop the pandemic in its tracks. The vaccine means that we can return to a normal life of existence. I miss not having a home full of friends and making memories with family, or for my children to play enjoy their friends carefree .

COVID-19 is heartless and ruthless. It instills fear into our lives. The COVID-19 vaccine can save lives and I most definitely will do it again in a heartbeat!

