

COVID-19

Criteria for testing



PLATINUM
HEALTH

Platinum Health and its service providers, including the laboratory services, have received an upsurge in requests for testing for COVID-19 from its members and population at large.

Testing will be done under the following conditions as directed by the National Institute of Communicable Diseases (NICD) and World Health Organisation (WHO):

- **“Symptomatic”** - persons presenting with symptoms such as fever, tiredness, weakness, myalgia, diarrhea, dry cough, shortness of breath, anosmia (loss of smell or taste) or dysgeusia (alteration of the sense of taste), with a history of being in close contact or travel from high-risk areas/countries.
- **“Close contact”** now includes being within 1 meter for 15 minutes or more of a confirmed case and those who came into close contact of a confirmed case, 2 days before that person became symptomatic.

PLATINUM HEALTH WILL NOT COVER THE COSTS FOR COVID-19 TESTING IN THE FOLLOWING INSTANCES:

- Persons requesting a COVID-19 test due to them planning on travelling to risk areas/countries with no symptoms.
- Persons defined as “close contact” cases, with no symptoms.
- Persons with a travel history with no symptoms or any flu like symptoms without exposure to the virus.

