

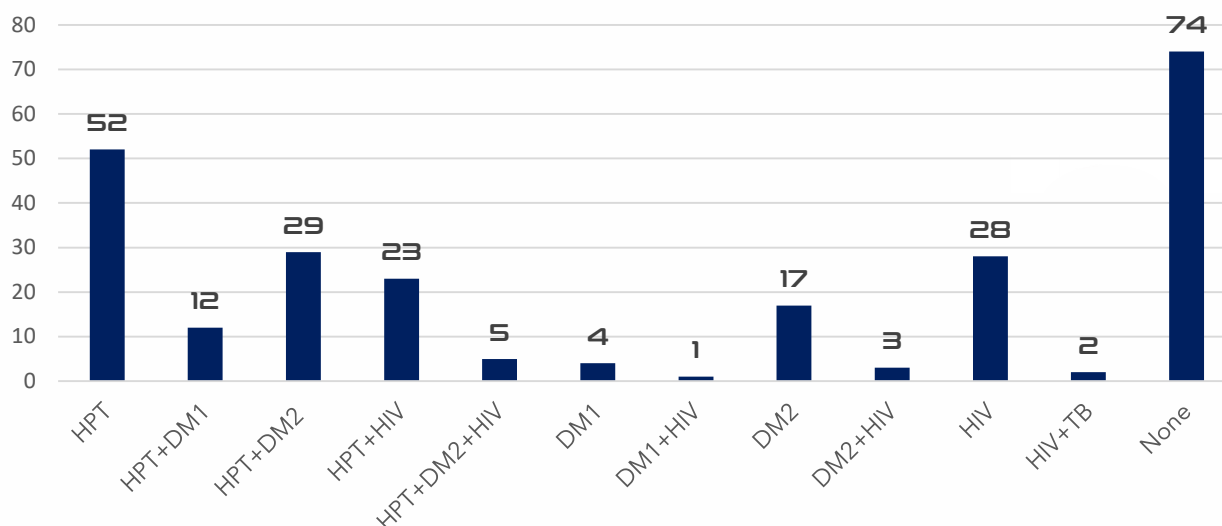
COVID-19 PATIENTS WITH COMORBIDITIES AT HUGE RISK



PLATINUM
HEALTH

- A total of 250 patients have been admitted to hospital as a result of COVID-19 related symptoms.
- Only 74 patients that were admitted had no comorbidity.
- 70% of all COVID-19 patients admitted had a co-morbidity (Hypertension, Diabetes Type 1 or Type 2, HIV and TB).
- 75 COVID-19 patients admitted (30%) had more than one comorbidity.

COVID-19 Admissions per Comorbidity

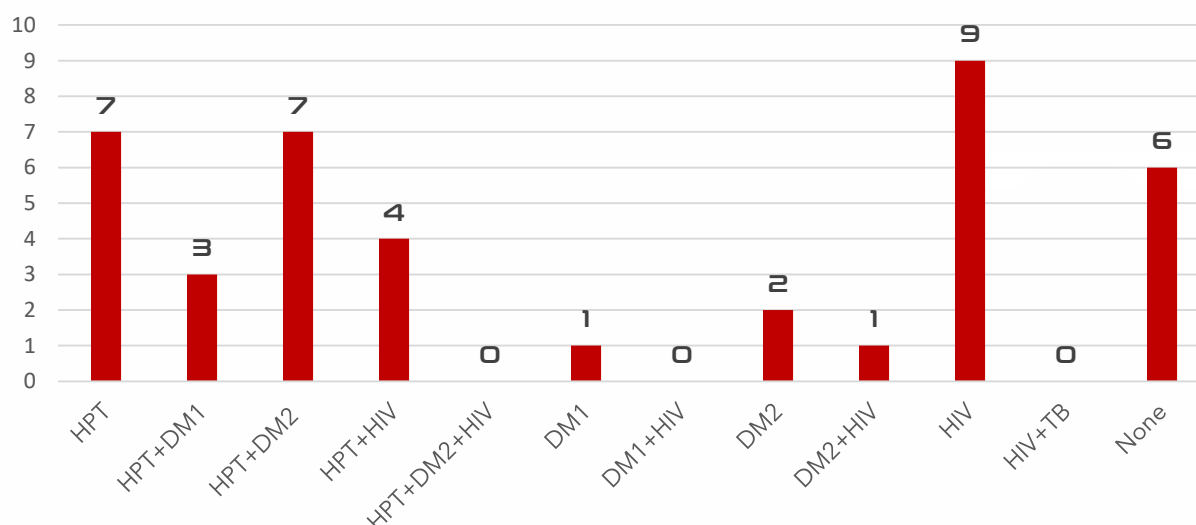


- Breakdown of the number of COVID-19 patients which had comorbidities:

Comorbidity	No of Patients
Hypertension	121
Diabetes 1 and 2	71
HIV	57
TB	2

- A total of 40 patients died as a direct result of COVID-19 related symptoms.
- Only 6 patients that died had no comorbidity.
- 85% of COVID-19 patients that died had a comorbidity (Hypertension, Diabetes Type 1 or Type 2, HIV and TB).
- 15 COVID-19 patients that died (37.5%) had more than one comorbidity.

COVID-19 Death per Comorbidity



- Breakdown of the number of COVID-19 patients that died which had comorbidities:

Comorbidity	No of Patients
Hypertension	21
Diabetes Type 1 and 2	15
HIV	14

The above analysis of COVID-19 admissions and deaths highlights that all patients with comorbidities are at huge risk if they become COVID-19 infected. The majority of HIV patients admitted to hospital as well as those who died were either not on Anti-Retroviral Treatment (ART) or were not viral load suppressed.

What should patients with comorbidities do?

- Ensure you are on treatment.
- Collect medicine for Hypertension, Diabetes and HIV regularly from a Platinum Health Pharmacy.
- Ensure you take your medication as prescribed by your GP.
- Strictly adhere to COVID-19 prevention measures:
 - Wash and sanitise hands frequently.
 - Always wear your mask when at work or other public places.
 - Keep a safe distance (1.5m) when in public spaces.
 - Avoid going to public and social gatherings.