

MEMBERS WITH COMORBIDITIES AT EXTREME RISK IF INFECTED WITH COVID-19



PLATINUM HEALTH

Members with underlying conditions, also called comorbidities, such as hypertension (high blood pressure), diabetes, asthma, HIV and cardiac disease are at greater risk of dying should they contract COVID-19.

Recent findings by the Western Cape Department of Health revealed that patients with HIV have 3 times greater chance of dying and patients with diabetes have 13 times greater chance to die should they contract the coronavirus.

COVID-19 death analysis - Top three comorbidities per age group:

20-39 years	40-49 years	50-59 years
30% diabetes	51% diabetes	70% diabetes
25% HIV	33% HIV	63% Hypertension
20% Hypertension	28% Hypertension	27% HIV

60-70 years	70 years and older
74% Hypertension	58% Hypertension
58% Diabetes	46% Diabetes
8% HIV	29% Chronic Kidney Disease

Data supplied by the Western Cape Department of Health

It is therefore of utmost importance for HIV+ patients to get antiretroviral therapy (ART) and take ART daily as prescribed in order to become viral load suppressed. Similarly it is important for patients with diabetes to strictly adhere to their treatment.

