## Take your PFIZER BOOSTER TODAY!



## WHAT YOU NEED TO KNOW

Covid-19 vaccine boosters can further **enhance or restore protection** that might have wained over time after your primary series vaccination.

People are protected best from severe Covid-19 illness when they stay up to date with their Covid-19 vaccines, which includes a booster for many people.

Patients with comorbidities like
Hypertension, Diabetes,
HIV, COPD and other
immunosuppressive conditions
are encouraged
to take the Pfizer booster
as soon as they qualify.

In an article published on 22
April 2022 (Nature); it was
established that people that had
received a third dose of mRNA
(Pfizer) vaccine, had vastly
superior B cell protection against
Covid-19 disease.

Everybody should consider receiving the booster. As immunity waines, the booster restimulates the immune system, hence optimising your protection against severe disease or hospitalisation.

## Drive your Life! Boost with a Pfizer jab!

## **Booster Vaccine Guideline**

- Members over 18 who received one dose of the Johnson & Johnson (J&J) Covid-19 vaccine are eligible to receive a booster dose of the Pfizer jab after 60 days.
- Members over 18 who received two doses of the Pfizer vaccine will be eligible to receive a booster dose of the Pfizer jab after 90 days.