

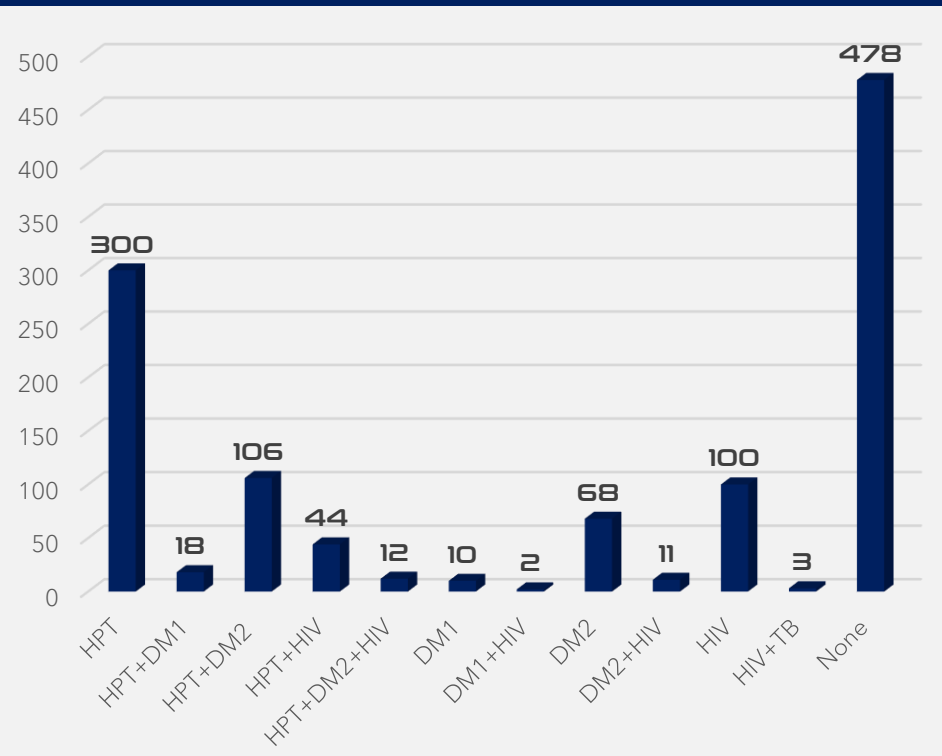
# Why it is essential for beneficiaries with Hypertension, Diabetes, HIV and TB to get vaccinated



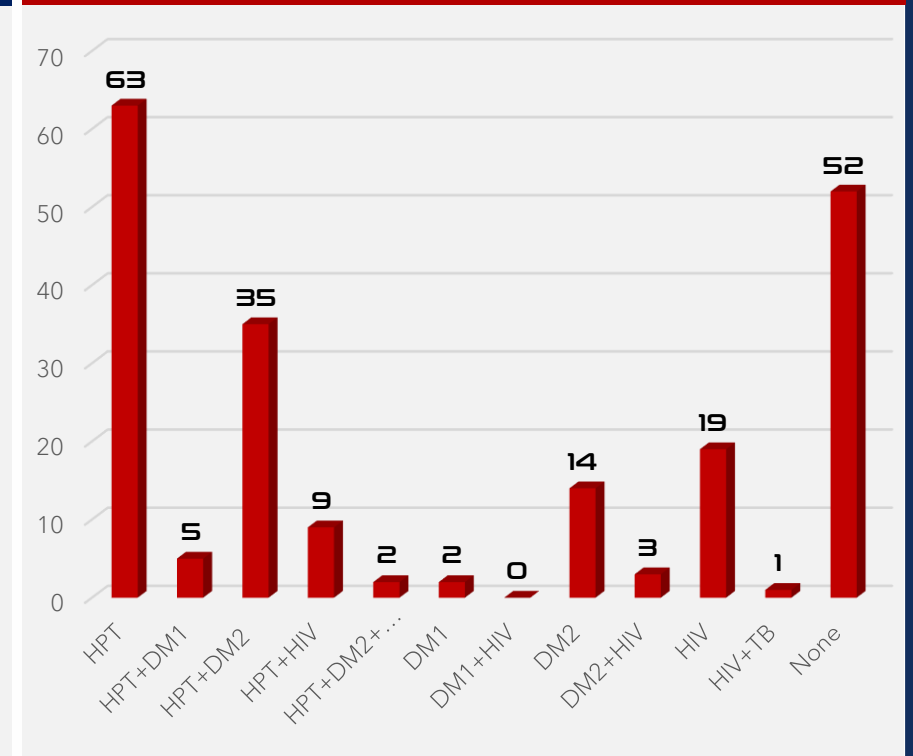
It is important that all Platinum Health (PH) members and dependants (beneficiaries) get vaccinated. It is however essential for beneficiaries with comorbidities such as Hypertension, Diabetes type 1 and type 2, HIV and TB to get vaccinated.

As can be seen from the graphs below, **60%** of all COVID-19 patients admitted to hospital as a result of COVID-19 related symptoms since the start of pandemic and **75%** of patients who have died of COVID-19, had one or more of above comorbidities. This illustrates the huge risk to Platinum Health beneficiaries with Hypertension, Diabetes 1 and 2, HIV and TB in particular, and the more comorbidities a patient has the greater the risk.

COVID-19 Admissions per Comorbidity



COVID-19 Deaths per Comorbidity



## COVID-19 vaccinations:

1. Reduces the risk of contracting COVID-19;
2. Reduces the transmission of COVID-19; and
3. Most importantly reduces the risk of becoming severely ill or dying if the beneficiary does become infected by COVID-19.

- It is of utmost importance that all beneficiaries with any of the abovementioned comorbidities get vaccinated as soon as possible and Platinum Health urges beneficiaries with comorbidities to do so.
- It would also be beneficial for all family members older than 18 years old, staying in the same household, to also get vaccinated in order to protect the beneficiary with comorbidities against contracting COVID-19.

## Beneficiaries with comorbidities should also ensure that they strictly adhere to COVID-19 prevention measures:

1. Wear masks at all times.
2. Sanitise regularly.
3. Maintain social distancing of 1.5 meters at all times.
4. Avoid social gatherings as far as possible.

**BE  
WISE,  
VACCINATE!!**