

# World Stroke Day

29 October 2021



PLATINUM  
HEALTH

A STROKE is an injury to the brain caused by a disruption of blood flow to the brain cells. When a blood vessel becomes blocked or bursts, oxygen-rich blood is unable to reach a portion of the brain and brain cells begin to die.

**A stroke is a LIFE-THREATENING condition that requires you to RECOGNISE THE SIGNALS and ACT FAST.**

## Know the Sudden Signs of Stroke

- Trouble speaking
- Trouble seeing
- Trouble walking
- Weakness on one side

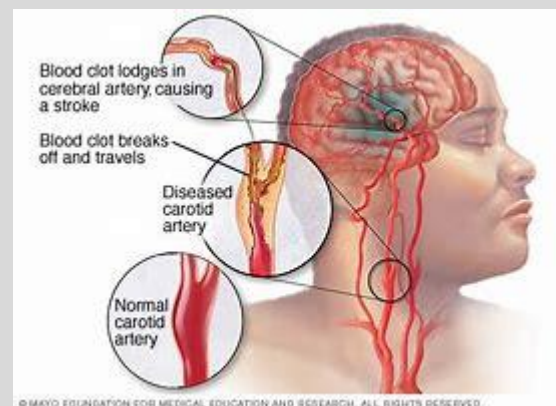
## Risk Factors

- Age
- Sex
- Family history
- Hypertension
- Hypercholesterolaemia
- Diabetes, etc

### Brain with burst artery



### Brain with clogged artery



*If you see someone experiencing any of these stroke symptoms, call medical emergency services (ambulance) 0861 746 548 immediately.*

**Getting treatment within 60 minutes can prevent disability.**

