

Platinum Health Page



Find a DSP on our ENHANCED DSP SEARCH TOOL

Platinum Health's (PH) website offers a designated service provider (DSP) SEARCH TOOL to assist you with finding DSPs at your chosen location.

Because PH understands that our members don't always have data available, we implemented a data free function on the website, providing you the opportunity to browse our website for FREE.

For a step-by-step guide on how to find a DSP at NO COST TO YOU, [Click here](#)



Welcome

Please select one of the following

FREE SIM BROWSING

Browse the website FREE when you are using any device with a SIM card.

NO SIM BROWSING

Website visitors using devices without SIM cards will not be able to use the free browsing function and normal data costs will be incurred.

How to Deal with ANXIETY AT WORK



If you find yourself getting stressed at work, know that it happens to everyone and it's completely normal. But if you realise that stress is constant, overwhelming, and prevents you from living your life, it could be an anxiety disorder.

Having anxiety at work can have a huge impact on you and your career. People who feel anxious at work might even make career decisions based on their anxiety. For example, you might feel like you have to turn down a promotion if it involves more managing, public speaking, or traveling to new places.

To find out more about the symptoms, causes and how to deal with anxiety, [Click here](#)

Specialist referrals and authorisations

PlatComprehensive and PlatCap members need to obtain authorisation from Case Management prior to consulting specialists.

PlatFreedom members don't need authorisation to visit specialists, however members still need to obtain authorisation from Case Management for in-and-out of hospital procedures and medical admissions, specialised radiological investigations such as MRI, CT and PET scans and managed care programmes such as maternity, oncology, renal dialysis etc.

[Click here](#) for more information on the specialist referrals process.



Platinum Health Members

Do you receive your claims advice?



It is important for Platinum Health (PH) to keep you updated on all claims/accounts paid to service providers. Therefore, we email claims advices to you on a bi-monthly basis.

If you are not receiving claims advices, it may be due to there not being any claims activities on your profile OR it may be due to the scheme not having your updated email address.

To find out how to update your email address, to view an example of a claims advice, and how you can request a claims advice,

[Click here](#)



PLATINUM HEALTH