



Platinum Health Page

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Cervical cancer is the second most common cancer world-wide, but if it is detected early and managed effectively, it is one of the most successfully treatable forms of cancer. The good news is that cervical cancer can be easily prevented through vaccination against Human papillomavirus (HPV) infection and regular screening.

To find out more about the symptoms, and where to get screened

Click here



Take your oral health to the next level!

September is Oral Health Month, so it's a great time to focus on your oral health. After all, everybody deserves a great smile.

To find out more about good oral hygiene and how to keep your teeth healthy

Click here



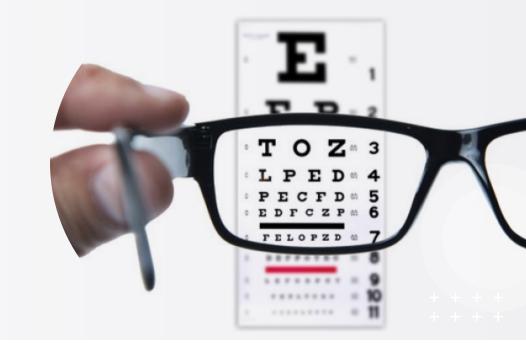
Eyecare Awareness

Did you know you can go blind if you have Diabetes?

Diabetic retinopathy is a serious condition that can cause vision changes and even blindness if you have diabetes.

Click here

To find out more about the risks, symptoms and treatment options for diabetic retinopathy



Depression

You can overcome it!

Depression drains your energy, hope, and drive, making it difficult to take the steps that will help you to feel better. But while overcoming depression isn't quick or easy, it's far from impossible.



To learn how to overcome depression





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